

# Mantra and Affirmation Practice Cleansing The Body from Dis-Ease

## Mantra

Om Apadamapa Hataram Dataram Sara Sampadam Loka Bhi Ramam Shri  
Ramam Bhuyo Bhuyo Namam Yaham

*(Pronounced Om Ap-pah-dah-mah-pah har-tah-rahm dah-tah-rahm  
sahr-vah sahm-pah-dahm lo-kah bee rahm-ahm shree rahm-mahm  
boo-you boo-you nah-mahm-yah-hahm)*

**“Om. O most compassionate Rama. Please end your healing energy right here to the Earth. Salutations.”**

Rama Healing Mantra. The most powerful healing mantra. Achieves dramatic and powerful results in all forms of healing: physical, mental, emotional, spiritual.

**Rama Healing:** Heals disease, illness and emotional and mental distress. Brings solutions to lost causes.

Oh most compassionate Rama please send your healing energy right here to the earth. In his beatific form, his energy is said to empower initiators giving various empowerments.

*Offered to us by the Tibetan Buddhist Monks, interpretation  
provided to us by Thomas Ashley-Farrand (Namadeva)*

Mirabai Devi LLC Copyright 2018 All Rights Reserved. [www.mirabaidevi.org](http://www.mirabaidevi.org) All materials contained herein are designed for spiritual enjoyment and to be personally and spiritually uplifting. This information is not designed to provide medical advice and is not professed to be a physical or medical treatment. Mirabai Devi shall not be responsible or liable for any medical-related claims inferred from these materials.