

# ***Article on Freedom from Financial Burdens***

Interview with Mirabai Devi

***I am experiencing stressors in my life due to financial burdens. I'm sure it's affecting my life in ways I'm not even aware. Can you expand on this?***

Financial burdens affect us emotionally, mentally and physically which impacts every area of our well-being.

***How does it affect me physically?***

Lower-back strain and pain is a manifestation of our financial burdens. Lower-back pain and strain can also be from unresolved sexual issues in our relationships. When we are stressed over financial burdens, it starts to lower the immune system, causing us to be more readily accessible to illness and dis-ease. What this means is that in the short-term we can be faced with diseases such as colds, fungus, viruses, bacteria, parasites, and other pathogens. In the long-term we can be faced with more serious diseases such as auto-immune diseases that are a result of the breakdown of our system over time.

***How does it affect me emotionally?***

We are affected emotionally as it causes depression, frustration, feeling inadequate, unworthy, and we are blocked in moving forward in our lives with freedom, ease and peace of mind. This can start to affect our personal relationships.

***How does it affect my daily spiritual practices?***

When we are in financial survival we don't have the breathing space to successfully do daily spiritual practices. We are so caught in survival mode that we have little or no time to focus on what is spiritually important. I invite you to listen to my recorded teaching about it as I speak in much more

detail about how we become much more limited and the impact financial survival has upon our spiritual practices.

***I have spent years with self-help books and manifestation processes, trying to clear financial blocks. Even with all of this work, why do I continue to hit road blocks?***

The deeper root causes have not been fully addressed. When the deeper root causes are fully addressed then the outer manifestation systems are clear for receiving. There can be many different causes that one has to be traced back to the root.

***What is the difference between Personal Financial Burdens and Family and Lineage Financial Burdens?***

They are very similar. Your personal come from your conditioning, your belief systems blockages and your karma coming from other lifetimes and this one (ie: these include your lineage).

Whereas your lineage karma is specifically coming from belief systems passed down through the lineage. An example of this is if poverty is part of the spiritual path and that you need to be poor in order to be spiritual, then it is more than likely that you will manifest this. Or if your parents teach you that you have to struggle a tremendous amount in order to be successful and abundant, then you will most likely play this out until you are able to break this cycle.

***I feel very limited in my life choices when I have financial stressors. It seems that we become more limited when we are in lack.***

Lack and limitation is a shortfall of the ego nature that doesn't remember who it is in its Divine essence of entirety. The ego has forgotten and is limited in its range of ability to access the full perspective of the vast Divine nature and the vast Divine consciousness. In its limited perspective, the ego doesn't perceive its Divine inheritance and nature. We continue to experience lack and limitation because our ego has lost its perspective and does not remember that we are these vast omni-present, omni-conscious

and all-pervading beings.

***Can you speak more about our Divine Birth Right?***

*The nature of the Soul is a manifestation, a part of the omni-present, all-pervading totality of Self. From this perspective, everything is contained within us. The entire Universe and all of its parts are contained within us. Since we live in an abundant Universe, all abundance is our Divine birth-right.*

***What is the soul's perspective of Abundance?***

Everything in the Universe is our Divine Birth Right and is a manifestation of our Self. It is the opposite of greed and selfish gain. The soul knows that everything is a part of us and therefore does not need to own it, possess it, control it or fight over it. Because everything is already contained in the Soul. It doesn't need to gain anything because it already is it. We see this example in all of the indigenous cultures.

***What is the Law of Supply?***

The Law of Supply is trusting that the Universe will provide everything we need, as we need it, when we live in faith and connection to the Divine supreme energy. The relationship between us and the Divine is essential in this equation, in order to trust and have faith, we need to know who we are placing our trust and faith in. To know God is to Love God. To know the Universe is to revel in awe, in gratitude and in amazement at the beauty and magnificence of the manifested creation and the unmanifested pure being. Both the manifest aspect of God and the unmanifested aspect of pure consciousness are equally as magnificent. Once we recognize that we are trusting in the power that orchestrates the entire Universe, and that causes all life and existence to come into being on all levels, then trust becomes a practice of devotion with greater ease. We then know in our heart of hearts that all is taken care of and that all is well. To practice the law of supply we must practice communion with Divine consciousness on a daily basis and open to receive the spiritual gifts of trust that is given or granted.

If you remember from last month, we talked about Trust being a Divine

quality, just like faith, it is something that the Divine plants in us as a spiritual gift or quality. Trust is not something that we can give or get from another person.

Trust is something that we allow ourselves to receive from the Divine by opening to receive it. If we are open to receive it then we can catch and receive the gift from the Divine. Once we receive it and then the more it will come, the more we allow it the more it will come, the more we allow it to manifest the more it manifests. Then we get to practice it, we can pray for Trust, deepen our Trust and our ability to Trust in the Divine on our path.

***How do I get myself out of the cycle of lack and limitation?***

The answer is to change belief systems by cleansing with the forgiveness prayers, including the family and lineage forgiveness prayers, positive affirmations, mantras, the ho'oponono peacemaking practices. Keep a journal as writing down our thoughts and feelings allows us to reflect back on the different changes we've experienced in our belief systems. We often do not see how we have grown, and it's an incredible opportunity to witness our own growth in belief systems.

Light transmissions are also very helpful for this. Light transmissions are particularly effective in breaking up old stagnant belief systems, habits, fear-based programming and behavior.

***Are there any specific prayers or spiritual practices that I can use to help me to open into freedom from financial burdens?***

We will be including two specific forgiveness prayers in this month's program that will help to cleanse financial blockages. One of the prayers will be a Forgiveness Prayer by Howard Wills and the other will be a forgiveness prayer that I will write specially for this month.

I will also offer an Affirmation statement that when used daily will change your subconscious belief systems and reprogram them into a more positive version of what you want to create through your subconscious mind, ultimately helping you by raising your vibrational frequency above the ego and its illusion.