

# Written Prayer for Staying in the Light in an Unstable World #2 by Mirabai Devi

Divine Light,

Please help Me to forgive and release myself, throughout all time: for all the times, that I have played out martyr, victim and savior roles, that have caused suffering to my body, mind, spirit and life.

For me and All of My relations, throughout All Time,  
Please help us to Forgive and Release Each other, and Forgive and release Ourselves,  
for all the ways that we have played out the martyr, victim and savior roles that have caused any and all suffering to our bodies, minds, spirits and lives.

Please help me to cleanse and release my attachments to these negative ego patterns  
and bring me into wholeness, unity and Love. Let me know and discover myself as the Being of Light that I am.

Thank you Divine Light,  
AMEN.

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