

# Written Prayer for Staying in the Light in an Unstable World #2 by Mirabai Devi

Divine Light,

I am ready to give up the pain and fear and separation that I have been carrying. I am ready to surrender and be emptied of the hurts, trauma and anger. I am willing to accept all the things that have not worked out in my life. I am ready to give you my pain, sorrow and grief. Please take this from me now and show me how to surrender to your Divine Grace and Divine Light.

Please help me to see myself as I really am: a beautiful image of my higher Self, the reflection of you, Divine Light in the perfection of your glory.

Thank you Divine Light,  
AMEN.

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