

Following the Divine Plan for Our Life

Interview with Mirabai Devi

What does it mean to Follow the Divine Plan?

It means to let God's will and the will of your higher self that is already predestined and predetermined for you and your life, to be the priority of what you follow, of what you listen to as the plan for your life. This is in contrast to what your mind and ego is telling you is important.

How do I know if I'm following the Divine's Plan versus or my own plan?

Gods wants what we want because God is the most innermost part of who we are. God is always supporting and helping us. At the same time what we want and our plan don't always work out that way. Sometimes our plans will fall short, end up in limitations or in a dead end. And this happens because we don't always have the full perspective.

It's about developing a loving relationship with our higher self, a special relationship with the Divine within. This way we can develop a way of communicating with our Higher Self that will help to guide us onto the right pathway.

Every soul comes with a purpose or an agenda that if they don't fulfill this purpose it ends up causing levels of regret or even what can be perceived as continued suffering until we find an live what we are here to do.

How does an individual learn to listen to the inner Self?

Let's clarify that the inner self is most commonly referred to God within or the Self. This is an interesting discussion point because the soul is one aspect of the Self, like a bucket full of ocean water and yet the Self is the entire ocean. The soul is connected to the Self. So we can experience the bucket full of ocean water or the entire ocean.

So when we are learning to listen to that inner voice and access that power within us, we have to filter out all the noise of the mind and ego that is trying to distract us. So we must get very quiet and learn to listen. Listening is a skill we have to develop and hone in. We will be covering more of the

topic of Inner Listening next month.

What happens if I don't follow to the Divine Plan?

Your life will be a struggle and you will be swimming against the current. When you swim against the current you either tread a lot of water or you sink and drown. Neither one is a pleasant experience.

Often times we don't know if we are following our Divine Plan because we are moving through our weeks, months and years simply doing what we know to do. When our soul is ready for us to it will nudge us along with messages, signs, and various messages. There will be messages and signs that will want to lead us in a new direction; however we tend to ignore these messages. Our soul will nudge us into a course correction to move in a new direction.

This is why having an ongoing spiritual practice is so important – it's because it will help us to step out of the oblivion and wake up. Many individuals are oblivious to our Divine Guidance and don't even know that we are hurting ourselves.

Waking up is not always easy, in fact it can be painful. We have this concept that waking up is euphoric or blissful. The euphoria is the result of much hard work but the actual process of awakening involves looking at lifetimes of karma, pain and suffering, and so on. Sometimes painful events trigger the karma. It can feel like life has pulled the rug out from under us. Awakening is not for the faint of heart. It's hard work. It's dedication. And when those deep layers come up it can be very painful, especially if we've been avoiding it for such a long time.

Many have been lost and we can get lost for lifetimes until we follow we follow the Divine plan and end the struggle of resistance of the inevitable. It's about the return home to God and to our relationship with our God.

Betrayal, rejection, abandonment, mistrust, unworthiness are part of the reason that it takes so long for us to come back to listening to the Divine Plan. These are life themes that we have to heal and overcome in order to stop turning our back on God, in order to turn back toward the Light, trusting again after being so hurt, bruised, broken from our different incarnate journeys and experiences. Our heart closes and we lose touch,

this is because of the pain of separation.

How will our Soul help us to move in a different or new direction?

Our soul will nudge us into a course correction to move in a new direction. This might be a series of small messages that you might pick up on and immediately make a shift in direction. If we continually ignore these messages it could result in a more serious message or sign, for example a car accident, a serious illness, an injury, a crisis or an emotional breakdown, a fall, a loss of a relationship or a death, multiple illnesses occurring like auto-immune, and other.

It could also look like things not flowing in your life. The definition of insanity is to do the same thing over and over again. If you keep trying to force or do something in your life, but it's not coming together or flowing, then it's your soul's way of redirecting you onto another pathway.

Again when our soul is ready for us to it will nudge us along with messages and signs.

How does one open into our Divine Plan when the world around us is filled with negativity?

Through the practice of meditation. And through the practice of self-love, being connected on a higher level to the Source of our Being, our Universal Consciousness. Our Universal Self.

Through doing this we remember that we are not the body, not the actor in the movie, not stuck in the play, not limited to this narrow version of ourselves as a mind, ego personality. But rather able to access the bigger picture of who we are as a being of Love and Light in Oneness with our Greater Self.

This remembers takes us out of a Separation model into a Unity model where we are free and empowered and responsible for our lives and our choices. This is Beauty, Grace and Harmony. And this is when we can work with the natural laws and be supported by the Universe and our Divine Self to create from a much higher access point and level of consciousness.