

Mantra and Affirmation Practice

Angelic Realm

Mantra

Om Eim Saraswatiyei Swaha

Om and salutations to the great feminine Shakti, the Saraswati principle

- Repeat this Mantra 108 times twice daily (minimum)
- Can be done in silence or out loud
- Write list of areas you find yourself experiencing control
- Place your list on your altar
- Keep adding to your list throughout the month
- Mantras are intention-based

Affirmation

“I clearly see, hear and know the guidance of my angels. I am so deeply loved and supported by the angelic realms. Angels are watching over and protecting me. I can always feel the presence of angels around me supporting me.

I am open to the guidance of my angels. I receive clear signs and guidance from my angels. With angelic assistance, I am co-creating blessings in all areas of my life. I am open to the flow of angelic healing energy in my life.

I freely receive the healing light of the angelic realm. I am open to receive the LOVE of the angelic realm.”

-Repeat Affirmation 5 times in morning and 5 times in evening.

Mirabai Devi LLC Copyright 2020 All Rights Reserved. www.mirabaidevi.org All materials contained herein are designed for spiritual enjoyment and to be personally and spiritually uplifting. This information is not designed to provide medical advice and is not professed to be a physical or medical treatment. Mirabai Devi shall not be responsible or liable for any medical-related claims inferred from these materials.