

## ***Written Article: Age of Aquarius Interview with Mirabai Devi***

### **What is does the New Age of Aquarius mean?**

An "astrological age" shifts about every 2,150 years when the Earth's rotation moves into a new zodiac sign around the spring equinox. There's some debate about when the Age of Pisces ends and the true Age of Aquarius begins, but considering the massive transits that happened in 2020, a common hypothesis is that we truly enter in the beginning of 2021.

So as we come out of the Piscean Age into the Aquarian Age, humanity as a collective is waking up to its shadow and seeking empowerment and easier ways of doing things. Rather than experiencing a life of struggle, we are looking at a new model in both belief structure and technology that will support easier access to a more healthy way of thinking, being, doing, and living. Ease versus struggle is the new direction.

### **How do we transition from struggle to obtain ease?**

It requires each one of us to go through a vibrational shift where we can forgive those that have hurt us, let go of our many burdens, and put down our struggles. To do this takes commitment and dedication, prioritizing love, joy, and peace over pain, suffering, and struggle.

As we move out of the old structures and paradigms that no longer serve us and see them being questioned and coming down (the ones that we see within the microcosm of our own lives and the macrocosm of our beautiful planet), we have entered into this New Aquarian Age.

We are shifting out of an imbalanced patriarchal structure, where respect for Nature or Mother Earth has been disregarded and we have behaved negatively towards the planet Earth and all other species.

All of the old destructive tendencies both in our own lives and externally on the planet are beginning to give way to a more awakened, compassionate perspective and way of living, both towards ourselves and towards the way we view the world.

### **Is this about Light versus Dark?**

As we've talked about in the past, we are here in duality on Earth. When we come to Earth we enter in as a baby into duality. There is a polarization between Light and Dark, and between extreme opposites. We experience Who we are Not by incarnating into darkness to experience ourselves as the Light Beings that we are. This is because we get caught up in the process of separation of consciousness.

Consciousness is neither Light nor Dark but contains both. We all have the polarization of Dark and Light within because we are a replica of consciousness and form. Our evolutionary journey is about experiencing this scale of Darkness and Light. It's up to us to look at if we are stuck in a suffering model or a joyful mode.

Duality comes from splitting consciousness. When consciousness splits it polarizes into negative and positive poles where things become a whole spectrum of colors. This spectrum includes pain, suffering and heartbreak on one end to love, peace and joy on the other end.

### **How does this impact our relationship with others?**

The collective consciousness has been in a very low frequency for a long time. Humans have been stuck in evolutionary cycles of learning on the 3<sup>rd</sup> dimensional plane of existence through darkness and shadow, and by experiencing themselves as victims and martyrs or saviors or heroes, individual incarnations have been played out in a mythological manner with the storyline being different, the characters changing form, but the basis always being the same, the victim, martyr, and savior.

The victim blames others and cannot take responsibility for its situation and lacks its own sense of its personal power, and gains or derives its energy off of blaming another being. It feels as if life is happening to it, and it has absolutely no control in life, therefore needs to control everything.

The martyr is always sacrificing itself in the name of love, but will always end up being resentful and depleted. This is because it's constantly giving all of its energy away in exchange for something, whether it's for approval, obligation, to earn a living, or to prove oneself. There is always a sense of trying to get something in return for all the righteous effort expended rather than giving freely for unconditional love purposes.

Being a savior is when we feel that we are not able to fully have our needs met because the suffering of others outweighs our own needs or suffering and we can better express ourselves through loving acts of service by getting out of our own pain and limitation.

In all three of these, the victim, the martyr and the savior paradigm, there is no relationship with Source directly within. That relationship has to be gained through other people's energies and vibrations.

### **Is this why I sometimes or often feel so separate from God?**

Part of the path to self-realization is coming into the knowing that we are everything - nothing is outside of us. We can enjoy the fruits but are not dependent upon them for the source of our well-being. It is all-knowingness, omniscience.

Again to some extent we all have a part of the martyr, victim, and savior within. The evolution and consciousness is growing out of being unconscious of these different aspects. It's about coming into consciousness about how we play out these roles again and again throughout our lifetimes with different players.

The soul's journey is so very precious, and no matter how much suffering and pain there is each chapter is extremely important. We need all the pieces of this journey in order to awaken. Learning to accept, integrate, embrace each moment and every step of the journey is an important component of the experience. It's important to recognize it's all a part of the whole and that we need the whole, otherwise we are split in consciousness.

So when we find ourselves in challenging time as we are in right now, it's important to embrace the shadow along with the light. It is here that we will receive all the various lessons that are being presented to us. There are many lessons that come from the Light, yet there are many lessons that we as humans learn from the shadow side and from suffering.

What does doing my inner work look like in the Age of Aquarius?

What will it look like for you to go inward and do some deep inner work this year, that will really call forth a complete change that will manifest in the

out-picturing of your life? Are there any areas of your life that are not working for you? For example, maybe it's in your finances, relationships, career, health issues, spiritual practices, and so on. You will need to go inward and do some deep inner work this year, work that will really call forth a complete change that will manifest in the out-picturing of your life.

So as we blast off into the next era, may we be supported by our guides and Light Beings into a gentle transition. All of humanity is experiencing an activation. We change reality by going within; what we change on the inside, whatever level we create on the inside must be created at the highest level and it will ripple out and impact the collective. During this new era, it is up to us to create our new world.