

The Gift of Life Prayer 1

Forgiveness Affirmation

by Howard Wills

I Bless This Day And Give Thanks For My Life

I Forgive Completely All People Who Have Hurt Me (Repeat 3 Times)

I Ask All People I Have Hurt To Please Forgive Me (Repeat 3 Times)

I Apologize To Myself For My Wrongs To Myself And My Wrongs To Others
(Repeat 3 Times)

I Apologize For All My Hurts Or Wrongs To All Life Forms (Repeat 3 Times)

I Apologize For All My Hurts Or Wrongs To The Earth And The Life Of The
Earth (Repeat 3 Times)

With This Release, Freedom, Peace, Power, And New Life, I Bless All
Creation In The Entire Universe And I Fill The Entire Universe With My
Love

I Love And Bless The Earth, All Life, And All Humanity

I Love, Bless, And Respect, The Visible, And The Invisible

I Rejoice And Give Thanks For My New Life, Power, And Health, And Give
Complete Blessings And Love To All Life And All Creation Always

*Recommended Use: 5 times in the morning, 5 times in the evening, or
more. Please use God, Infinite Light, Divine Light, Lord, or whatever is
appropriate for you when referring to The Infinite.*

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